



LifePlan



What's Important Now?

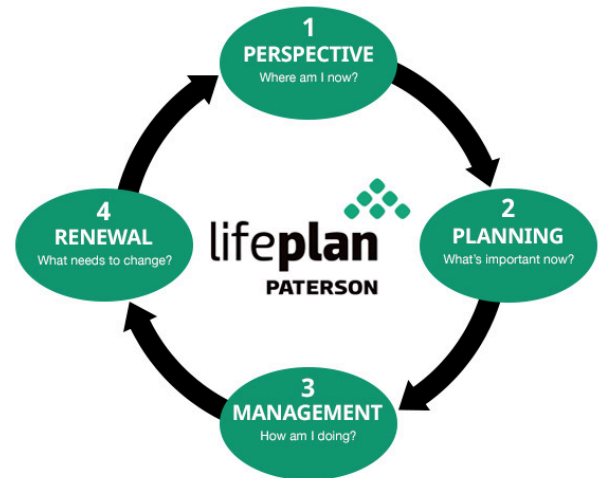
LifePlan is a dynamic process developed for individuals who wish to connect more deeply with their unique talents and passion to fully realize and achieve their life's purpose.

This is particularly applicable to anyone who:

- Desires to awaken their passion in an existing situation
- May be at a transition point in their lives
- Are considering "Act II" and not sure of "what to do next"
- Feel that they may not be living the best life they could
- Simply want to live an exceptional life

Too often people sacrifice their own dreams for the dreams of others, or simply lose sight of those things that are essential for them to become their best selves. We believe that when people are aligned with their passion, connected with their courage and understand their purpose they are more likely to find satisfaction in their lives.

During a 2-day private process, you will gain full perspective on your life/career journey and connect more deeply with your life's purpose. You will create a detailed and actionable plan to achieve the life you were meant to live. You'll receive the support and knowledge needed to manage and shift your plan as your life's journey continues—because, well... life happens! Prepare to embrace all that is possible.



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LifePlan

Plan-On-A-Page

1 Life Journey Profile - Turning Points

2 Talents

Heart
Love that coming alongside looks to strengthen and encourage them.
I dream about providing a haven for others, partners to rest and replenish.
My "Open Circle" - the way I connect and inspirational in guiding others.

Thinking
Concrete: 1
Abstract: 10
Operational: + Strategic: -
Minded: **Empirical** **Empirical** **Conceptual**

Internal Wiring
DIRESS: Contribution, Primary Leadership, Image
COMFORT ZONES: Thing, Primary Ideas, People, Second Ideas

3 Replenishment Cycle

4 My Life Dashboard

Risk / Constraint Pyramid

My Life Direction Pathway

My Life Purpose (Why I Exist)
I thrive when creating a haven that blesses others by esteeming their experience and offering them a safe space to rest and recharge.
HAVEN CREATOR

My Life Vision (Where I'm Headed)
I contribute towards maximizing others by creating authentic spaces where people can experience truth that leads to sustainability and wholeness.
CREATIVE MAXIMIZER

My Life Strategies (How I'll get there)
- I need to make sure that I stay healthy: margin, replenishment cycle, etc.
- I need to be intentional in creating a haven for my family now.
- Clayton & I need to continue to strengthen our marriage.
- We need to strategically glean experiences & learning to help apply towards creating wholeness.
- We need to be faithful in being involved in a church here. Use x as a slab.
- I need to have a broad community to learn from and practice on.

Vital Signs

OPTIMIZED
1 Clayton
2
3
4
5

DEPLETED
1
2
3
4
5

Time with God
Replenishment Cycle
Purpose

5 W.I.N. Wheel

Life Domains
1. Family
2. Work
3. Kingdom
4. Community

6 Life Initiatives Profiles

#	Objectives	Next Steps	Start By?	Today's Status
1a	I have energy & margin to fulfill my life direction pathway.	1. Walk M-WF evenings & Sunday 2. Read 3 books/month (evenings)	4.23.14	Green
1b	I'm in a better position to facilitate truth because of my walk with God.	1. Time with God, F-Th 5pm & Sundays 2. Log outside workout videos - 20min - 250 runs - weekdays	2.12.14	Yellow
1c	I've lost 10 lbs. and feel great!	1. Cut out snacks at night/brush teeth after dinner. 2. Log outside workout videos - 20min - 250 runs - weekdays	4.10.14 4.23.14	Red
2a	Clayton & I are thriving in our marriage & encouraging each other in our LifePlans.	1. Talk about CO move & in-laws 2. Go over LP with Clayton 3. Talk through plan to keep investing in our marriage 4. Talk to U. Cal	4.15.14 5.11.4	Green
3a	I'm creating a haven for my family.	1. Seek ways to validate Mom (i.e. chsl) 2. Help Hais reorganize - Brain Highways? 3. Block for Dad	4.28.14	Yellow
3b	I'm gleaning learnings from the PC & am using my talents to improve the PC itself.	1. Set up time with M to go over my LP Learnings 2. Talk through responsibility vs. authority options 3. Certified as LP facilitator?	6.11.4	Yellow
4a	We are reconnecting & enjoying being part of a church.	1. "Go into the room" 2. Explore joining a small group 3. Try to connect with Mission People (lib)	4.22.14	Yellow
5a	We're delighting in friendships.	1. Talk with Clayton about a strategy to make friends 2. Be intentional about trained women friends 3. Be aware of what and keep it open	4.15.14	Red

Your Life Plan On A Page

The Impacts of LifePlan

- Provides the framework for making decisions that align with your life's purpose
- Creates a language for communicating clearly what's most important to you
- Clearly recognizes and defines your unique talents and gifts
- Identifies the things you are most passionate about pursuing

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